

Vermilion Nordic Ski Club

Calendar of events 2024-2025

VNSC programming:

- The activities and programs listed below will be provided **based on demand**. Emails will be sent out prior to each event, and members are asked to **please reply to indicate interest**. If no members reply, then that activity will not be offered.
- Jackrabbits will run every Sunday. Coaches Pam and Tara will contact JR families directly to advise them of any change to programming.
- If you are an adult skier interested in receiving help, but cannot attend Saturday sessions, please contact Greg Smith (smithcg@telus.net). Greg has offered to help new skiers with basic ski technique.
- Additional activities may be added throughout the season; please watch our social media and website for additions and updates. Feel free to share your ideas for activities with us!
- For general club information, please visit our website (www.vermilionnordic.com).

Saturday, January 25 1:00	Saturday Adult Ski Session led by Vaughn Cooper - basic diagonal stride technique, suitable for any level, including beginners Group ski to follow
Saturday, February 1 1:00	Saturday Adult Ski (based on demand - rsvp sean.stromberg@btps.ca) Session led by Sean Stromberg Group ski to follow
Sunday, February 2 2:00	Wax Clinic (based on demand - rsvp vaughncooper1@gmail.com) Vaughn will provide basic instruction on applying glide wax to skis. Applicable to personal and rental skis. A quick tutorial on applying grip wax will be included.
Saturday, February 8 All day	Vermilion Nordic Long Distance Ski Day (rsvp bscoop@hotmail.com) <i>(our alternative to the Birkie!)</i> Challenge yourself to break your own distance record. Ski in the morning and/or the afternoon. The Club will provide soup and buns beginning at noon. Warm up throughout the day by the fire in the CN Station parking lot shelter.
Tuesday, February 11 6:00	Full Moon Ski (based on demand) Join a group of skiers to ski under the full moon.

Saturday, February 15 1:00	Saturday Adult Ski (based on demand) Session led by volunteer (TBD) Group ski to follow
Saturday, February 22 1:00	Saturday Adult Ski (based on demand) Session led by volunteer (TBD) Group ski to follow
Tuesday, February 25 5:30	Evening Adult Ski (based on demand - rsvp kaylanross@hotmail.com) Group ski led by Kaylan Zorn Bring a headlamp
Saturday, March 1 1:00	Saturday Adult Ski (based on demand) Session led by volunteer (TBD) Group ski to follow
Saturday, March 8 1:00	Saturday Adult Ski (based on demand) Session led by volunteer (TBD) Group ski to follow
Friday, March 14 6:30	Moonlight Ski (based on demand) Join a group of skiers for an evening ski. Hot chocolate and potluck snacks afterwards in CN Station parking lot shelter.